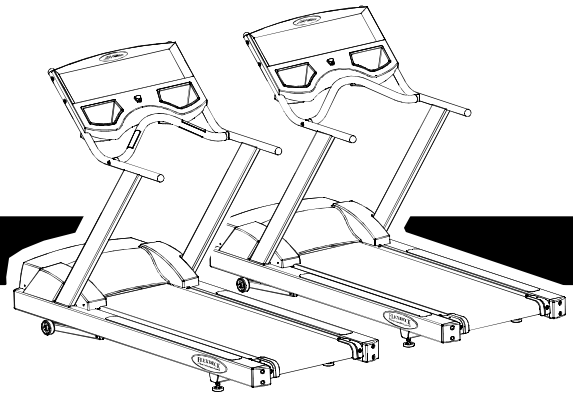
TREADMILL

ASSEMBLY INSTRUCTIONS



LifeFitness

Congratulations...

and welcome to the world of ***Life Fitness***

and the ***Life Fitness 9000HR / 8500*** *treadmills.*

The following Parts Identification Listing and the step by step assembly procedures have been assembled to make the set-up of this treadmill as quick and easy as possible.

Please take special note of the following important points prior to choosing a location and beginning assembly of the treadmill…

IMPORTANT SAFETY INSTRUCTIONS !

⇒ *DO NOT position the rear of the treadmill within 6 feet (2 meter) of the nearest obstruction. The sides of the treadmill should maintain a minimum clearance of 8 inches (20 cm) from the nearest treadmill or other obstruction.*

⇒ *DO NOT locate the treadmill outdoors, near swimming pools, or in areas of high humidity.*

⇒ *DO verify the contents of the delivery carton against the accompanying parts listing prior to setting the cartons and shipping material aside. If any parts are missing, contact Life Fitness Customer Support Services at the number listed on the back page of this assembly instruction booklet.* ***Save the shipping cartons in case of return.***

⇒ *DO read the entire Operation Manual prior to attempting to operate this machine, as this is essential for proper use. The Manual explains how to properly use the treadmill and helps you to design an aerobic workout tailored to your personal fitness needs or requirements.*

⇒ *NE placez PAS l'arrière du tapis roulant dans un rayon de 2 m (6 pi) de l'obstruction la plus proche. Les côtés de l'appareil ne doivent pas se trouver à moins de 20 cm (8 po) du tapis roulant voisin ou de toute autre obstruction.*

⇒ *NE placez PAS le tapis roulant à l'extérieur, près d'une piscine ou dans des endroits très humides.*

⇒ *VÉRIFIEZ si l'emballage contient toutes les pièces de la liste jointe avant de le mettre de côté. Si des pièces sont absentes, contactez l'assistance clientèle de Life Fitness au numéro indiqué au dos de cette brochure d'instruction de montage..*

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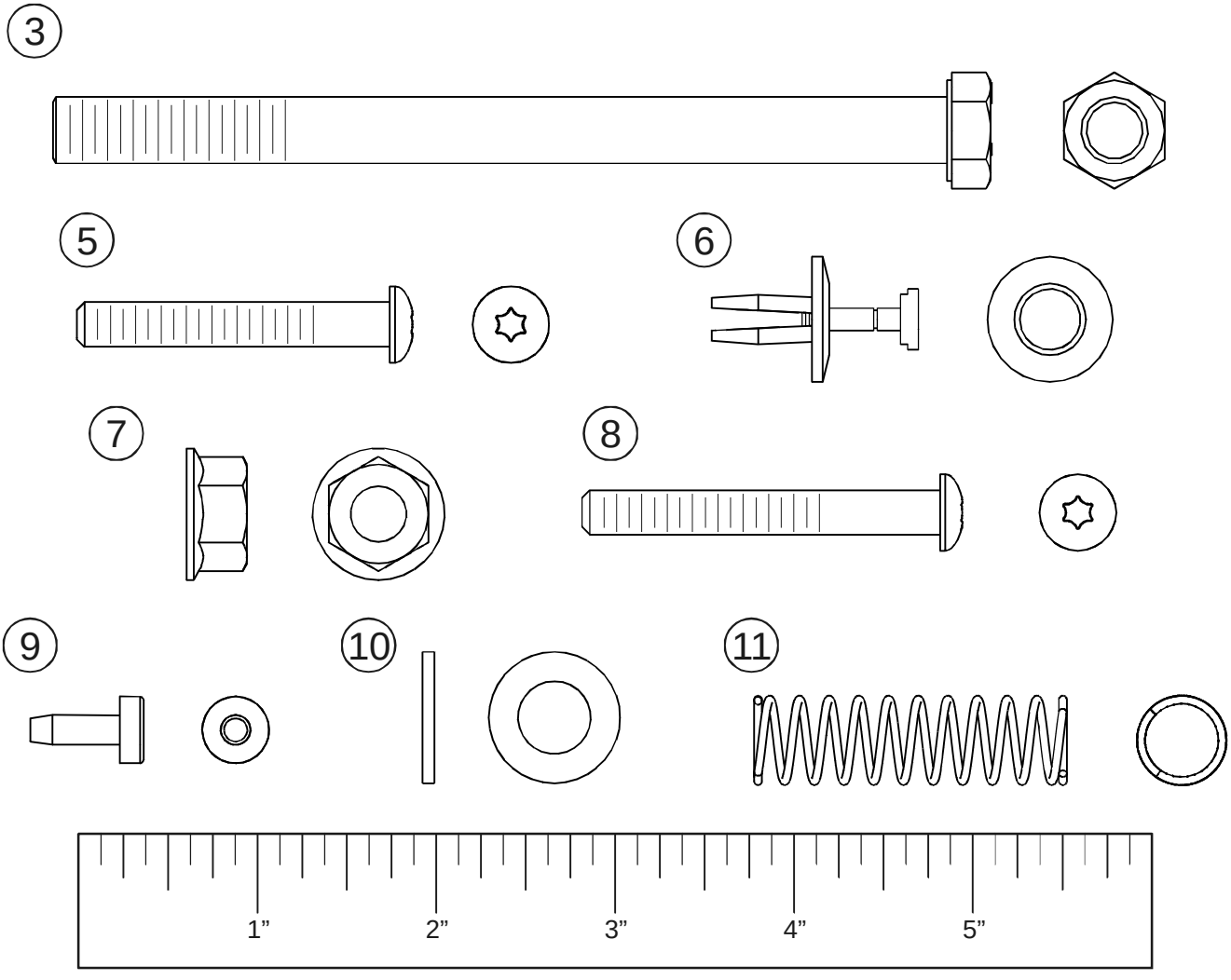
TOOLS REQUIRED FOR ASSEMBLY...

Phillips screwdriver, Torx wrench, 3/4” combination wrench, flat blade screwdriver (or 5/16” nut driver), Rubber Mallet

PARTS DESCRIPTION

1	USER LEFT HANDRAIL AK60-00069-0001 (Model 9000HR) AK60-00069-0002 (Model 8500)	**Qty: 1**
3	HANDRAIL MOUNTING BOLT 0017-00101-1256	**Qty: 4**
5	CONSOLE SCREW 0017-00101-1727	**Qty: 4**
7	NUT 0017-00103-0188	**Qty: 4**
9	MOUNTING SCREW 0017-00101-1621	**Qty: 14**
11	GROUNDING SPRING (Model 9000HR Only) OK60-01157-0000	**Qty: 1**
13	FRONT HANDLEBAR ASSEMBLY AK60-00046-0000 (Model 9000HR) OK60-01081-0000 (Model 8500)	**Qty: 1**
15	LEFT ROLLER GUARD OK60-01085-0002	**Qty: 1**
17	ACCESSORY TRAY LEFT OK60-01008-0002	**Qty: 1**
19	WAX BAG KIT GK60-00002-0001	**Qty: 1**

2	USER RIGHT HANDRAIL AK60-00068-0001 (Model 9000HR) AK60-00068-0002 (Model 8500)	**Qty: 1**
4	DISPLAY CONSOLE ASSEMBLY AK60-00014-0001 (Model 9000HR) AK60-00015-0001 (Model 8500)	**Qty: 1**
6	PUSH RIVET – CONSOLE / WAX BAG TRAY 0017-00042-1142	**Qty: 5**
8	HANDLEBAR SCREW 0017-00101-1738	**Qty: 2**
10	FLAT WASHER 0017-00104-0190	**Qty: 4**
12	FRAME ENDCAP OK60-01018-0000	**Qty: 4**
14	HANDRAIL ENDCAP OK60-01098-0000	**Qty: 4**
16	RIGHT ROLLER GUARD OK60-01085-0001	**Qty: 1**
18	ACCESSORY TRAY RIGHT OK60-01008-0001	**Qty: 1**
20	LINE CORD (INTERNATIONAL MODELS)	**Qty: 1**



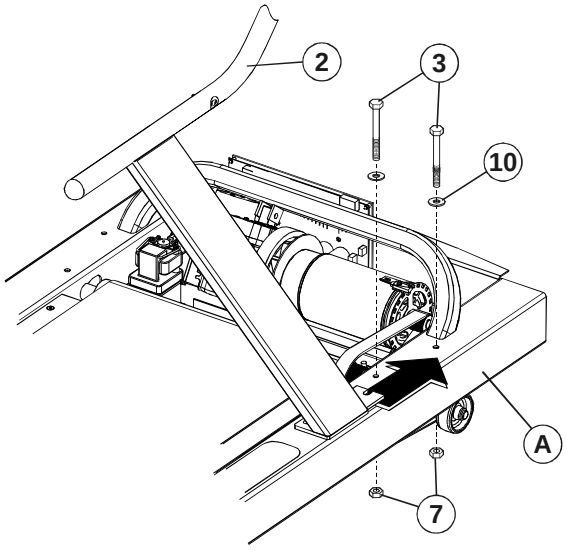
IMPORTANT!
DO NOT DISCARD THE SHIP KIT LOCATED ON TOP OF THE DECK AND BELT. ALL NECESSARY COMPONENTS NEEDED TO COMPLETE THE INSTALLATION ARE LOCATED IN THE SHIP KIT.

IMPORTANT!
NE JETEZ PAS LE KIT D'EXPÉDITION PLACÉ SUR LE DESSUS DU PLATEAU ET SUR LE TAPIS. IL CONTIENT TOUS LES ÉLÉMENTS NÉCESSAIRES POUR L'INSTALLATION.

1. Remove the MOTOR COVER and set aside.

2. Feed one BOLT (#3) and WASHER (#10) through the forward most USER RIGHT UPRIGHT (#2) mounting hole. Begin hand threading a NUT (#7) onto the BOLT from under the FRAME (A).

3. Position the USER RIGHT UPRIGHT (#2) mounting flange near the BOLT (#3) as shown. Slide the USER RIGHT UPRIGHT mounting flange under the BOLT and WASHER (#10) as shown. Align the REAR MOUNTING HOLE of the USER RIGHT UPRIGHT mounting flange with that of the FRAME (A). Insert a BOLT (#3) and WASHER (#10) onto the REAR MOUNTING HOLE. Hand thread a NUT (#7) onto the BOLT from under the FRAME. Finger tighten the two NUTS. Repeat the procedure for the USER LEFT UPRIGHT (#1).



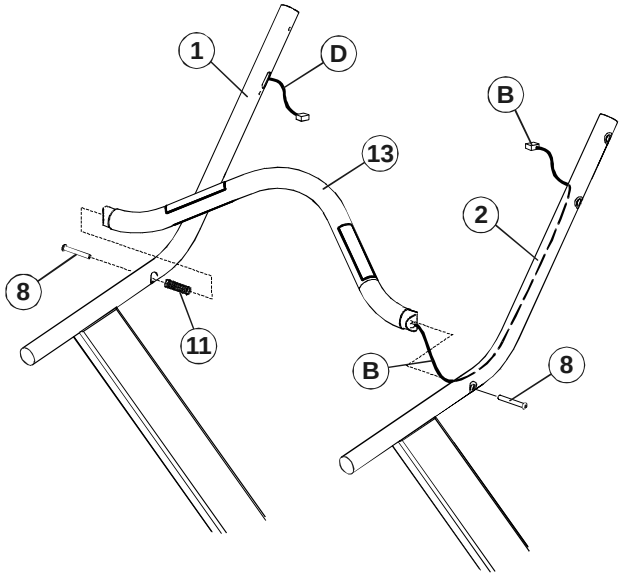
NOTE: BE SURE NOT TO DAMAGE THE MAIN WIRE HARNESS UNDER THE USER LEFT UPRIGHT (#1).

ATTENTION: SOYEZ SÛR DE NE PAS ENDOMMAGER LE HARNAIS PRINCIPAL DE FIL SOUS LA MAIN GAUCHE D'UTILISATEUR RAIL(#1).

4. Locate the HANDLEBAR (#13). Position the HANDLEBAR between the LEFT and RIGHT UPRIGHTS (#1 & #2). The bend in the HANDLEBAR should face upward and tilt slightly forward.

5. **(Model 9000HR Only)** Feed the WIRE HARNESS (B) leading from the right end of the HANDLEBAR into the access hole located on the inside of the USER RIGHT UPRIGHT (#2). The WIRE HARNESS should be routed forward and out the side access hole of the USER RIGHT UPRIGHT.

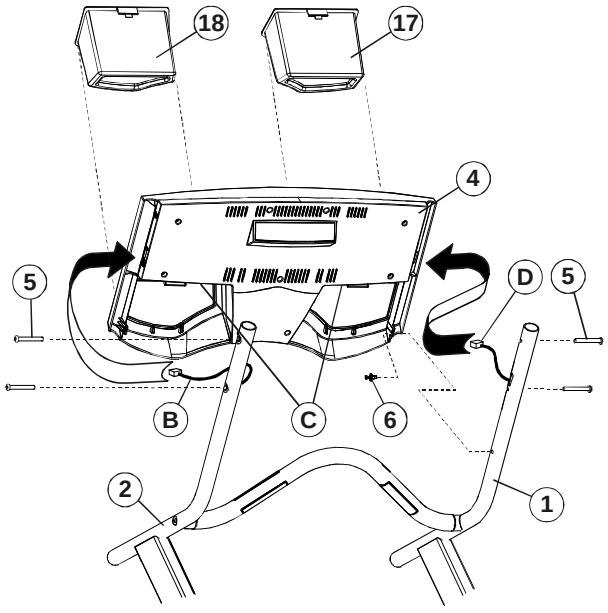
6. Secure the user right end of the HANDLEBAR (#13) to the USER RIGHT UPRIGHT (#2) using one HANDLEBAR MOUNTING SCREW (#8). Leave the screw loose at this time.



NOTE: BE CAREFUL NOT TO DAMAGE THE MAIN WIRE HARNESS (B) WHEN ATTACHING THE HANDLEBAR (#13) TO THE USER RIGHT UPRIGHT (#2).

NOTE: FAITES ATTENTION À NE PAS ENDOMMAGER LE HARNAIS PRINCIPAL DE FIL (B) EN ATTACHANT LE GUIDON (# 13) AU RAIL DROIT D'UTILISATEUR (# 2).

7. Insert the remaining HANDLEBAR MOUNTING SCREW (#8) through the mounting hole of the USER LEFT UPRIGHT (#1). Position the grounding spring (#11) over the HANDLEBAR MOUNTING SCREW. Align the left side of the HANDLEBAR with the HANDLEBAR MOUNTING SCREW. Secure the user left end of the HANDLEBAR to the USER LEFT UPRIGHT.



NOTE: BE CAREFUL NOT TO DAMAGE THE MAIN WIRE HARNESS (D) WHEN INSERTING THE HANDLEBAR MOUNTING SCREW (#8) INTO THE MOUNTING HOLE OF THE USER LEFT UPRIGHT (#1).

ATTENTION: FAITES ATTENTION À NE PAS ENDOMMAGER LE HARNAIS PRINCIPAL DE FIL (D) EN INSÉRANT LA VIS DE SUPPORT DE GUIDON (# 8) DANS LE TROU DE SUPPORT DE LA MAIN GAUCHE D'UTILISATEUR RAIL(#1).

8. Locate the DISPLAY CONSOLE (#4). Remove the REAR PANEL ACCESS DOORS (C). Position the DISPLAY CONSOLE over the UPRIGHTS (#1 & #2). Route the MAIN WIRE HARNESS (D) leading from the top of the USER LEFT UPRIGHT (#1) through the left side access hole of the DISPLAY CONSOLE and out the user left rear panel access hole. Lower the left side of the DISPLAY CONSOLE onto the USER LEFT UPRIGHT.

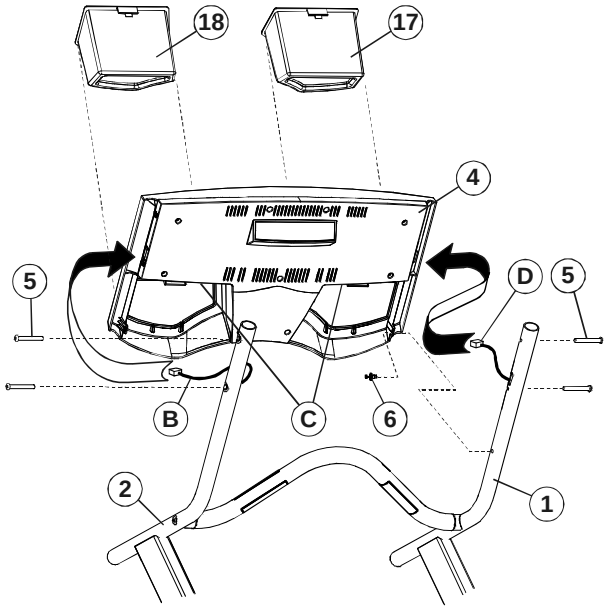
9. **(Model 9000HR Only)** With the left side of the DISPLAY CONSOLE (#4) supported, carefully route the HEART RATE WIRE HARNESS (B) through the right side access hole of the DISPLAY CONSOLE.

10. **(Model 9000HR Only)** While pulling the USER RIGHT UPRIGHT (#2) slightly outward, carefully lower the DISPLAY CONSOLE (#4) onto the USER RIGHT UPRIGHT. Secure the DISPLAY CONSOLE to the UPRIGHTS using four SCREWS (#5). Tighten the SCREWS securely.

    (Model 8500 Only) Lower the DISPLAY CONSOLE (#4) onto the USER RIGHT UPRIGHT (#2). Secure the DISPLAY CONSOLE to the UPRIGHTS using four SCREWS (#5). Tighten the SCREWS securely.

CAUTION: BE CAREFUL NOT TO PINCH THE WIRE HARNESS (D).

MISE EN GARDE : VEILLEZ À NE PAS PINCER LE FAISCEAU (D).



11. Secure the bottom of the DISPLAY CONSOLE (#4) to the inside of the UPRIGHTS (#1 & #2) using two PUSH RIVETS (#6).

12. Connect all WIRE HARNESS CONNECTORS to their corresponding JACKS located within the rear access holes. Feed excess WIRE HARNESS into the DISPLAY CONSOLE (#4). Replace REAR PANEL ACCESS DOORS (C) as necessary.

13. Tighten all BOLTS and SCREWS securely.

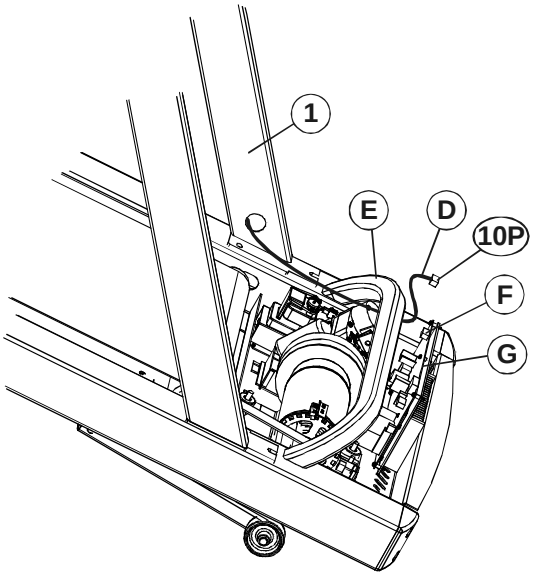
14. Insert the ACCESSORY TRAYS (#17 & #18) into the DISPLAY CONSOLE (#4) as shown. Press downward firmly until the ACCESSORY TRAYS snap securely into place.

15. Unwrap the MAIN WIRE HARNESS (D) located at the base of the USER LEFT UPRIGHT (#1). Route the MAIN WIRE HARNESS under the CROSS FRAME MEMBER (E). Connect the 10-PIN CONNECTOR (10P) of the MAIN WIRE HARNESS to the corresponding JACK (F) located at the top of the CONTROL BOARD (G).

16. Replace the MOTOR COVER. Secure the MOTOR COVER using four MOUNTING SCREWS (#9).

CAUTION: BE SURE THE MOTOR COVER IS OUTSIDE ALL MOUNTING TABS.

MISE EN GARDE : SOYEZ SÛR QUE LA COUVERTURE DU MOTEUR COUVRE TOUTES LES PARENTHÈSES.



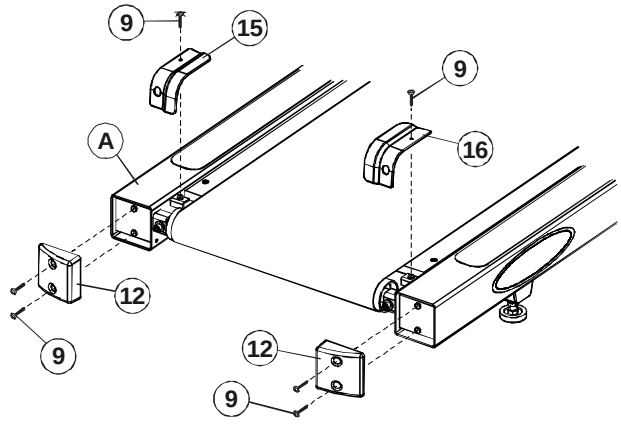
17. Using two MOUNTING SCREWS (#9) each, secure the four FRAME ENDCAPS (#12) to the four FRAME (A) corners.

NOTE: THE LARGER END OF THE FRAME ENDCAPS (#12) SHOULD FACE THE CENTER OF THE TREADMILL.

ATTENTION: LA FIN PLUS GRANDE D'ENDCAPS (# 12) DEVRAIT FAIRE FACE AU CENTRE DU TAPIS ROULANT.

18. Install the two REAR ROLLER GUARDS (#15 & #16) as shown using one MOUNTING SCREW (#9) each.

19. Using a rubber mallet, install the four HANDRAIL ENDCAPS (#14).



Model 9000HR and International 8500 Only

20. Move the treadmill into the desired location for use. Plug the linecord into a dedicated NEMA R5 (U.S. only) electrical outlet. Turn the power on at the ON/OFF switch located at the front of the treadmill. Using the UP INCLINE ARROW KEY, raise the treadmill to its maximum elevation (15%). Unplug the treadmill from the electrical outlet.

21. Remove the tape securing the WAX TRAY (H) to the FRAME (A). Locate the WAX BAG (J). Position the HOSE CLAMP (K) over the WAX BAG HOSE (L) approximately three inches from the end of the WAX BAG HOSE. Engage the HOSE CLAMP.

22. Cut off the end of the WAX BAG HOSE (L) approximately 1/2" from the end of the hose.

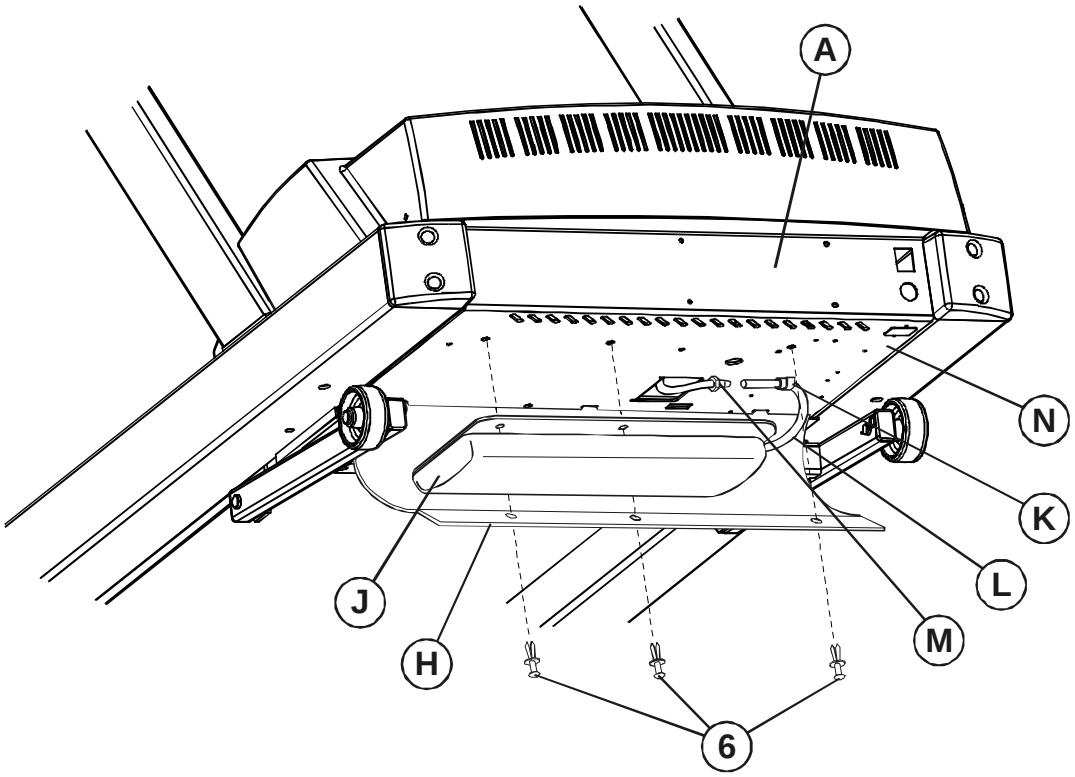
23. Position the WAX BAG (J) so the WAX BAG HOSE (L) faces the user left side and the WAX BAG FLANGE faces the front of the treadmill. Slide the end on the WAX BAG HOSE over the BARBED CONNECTOR (M) leading from underside of the MOTOR PAN (N). Disengage the HOSE CLAMP (K).

CAUTION: IT IS VERY IMPORTANT TO DISENGAGE THE HOSE CLAMP (K). FAILURE TO DO SO MAY RESULT IN DAMAGE TO THE TREADMILL.

ATTENTION: IL EST TRÈS IMPORTANT DE DÉSENGAGER LE COLLIER DE LA CONDUITE (K). LE MANQUE DE FAIRE AINSI PEUT AVOIR COMME CONSÉQUENCE LES DOMMAGES AU TAPIS ROULANT.

24. Place the WAX BAG (J) into the WAX TRAY (H). Align the holes of the WAX BAG FLANGE with the holes of the WAX TRAY. Using two PUSH RIVETS (#6), secure the WAX BAG and TRAY to the underside of the MOTOR PAN (N). Using a THIRD PUSH RIVET, secure the left end of the WAX TRAY to the underside of the MOTOR PAN.

25. Lower and level the treadmill according to the instructions located in the Operation Manual.



PRE-OPERATION CHECKLIST

⇒ *Ensure that all fasteners are tight.*

⇒ *Make sure the STRIDING BELT is properly tensioned and aligned according to the Operation Manual.*

⇒ *Confirm the wax bag has been installed.*

⇒ *Check the operation of the STOP switch and tether switch assembly.*
(See Operation Manual.)

⇒ *Confirm the display console is set to English or Metric units.*
(See Optional Settings ENG/MET in Operation Manual.)

⇒ *Refer to the Operation Manual for real time clock setting.*

⇒ *Read the entire Operation Manual before using the treadmill.*

LISTE DES VÉRIFICATIONS À EFFECTUER AVANT LA MISE EN MARCHE

⇒ *Vérifiez si tous les dispositifs de fixation sont serrés.*

⇒ *Assurez-vous que le TAPIS est bien tendu et aligné, conformément aux instructions du manuel d'utilisation.*

⇒ *Assurez-vous que le sac de cire a été installé..*

⇒ *Vérifiez le fonctionnement de l'interrupteur d'ARRÊT et reliez-le*
(cf. Manuel de l'utilisateur).

⇒ *Vérifiez si la console d'affichage est sur le système métrique ou anglais.*
(Référez-vous aux réglages facultatifs relatifs aux systèmes de mesure dans le Manuel de l'utilisateur.*)*

⇒ *Consultez le* Manuel de l'utilisateur *pour le réglage de l'horloge en temps réel.*

⇒ *Lisez le Manuel de l'utilisateur dans son intégralité avant d'utiliser le tapis roulant.*

Before attempting to operate your Treadmill, it is imperative that you familiarize yourself with the contents of the Operation Manual. If your Life Fitness treadmill does not respond as described in the OPERATION MANUAL contact the nearest Life Fitness Service Center as listed in the OPERATION MANUAL.

Life Fitness Customer Support Services
at (800) 351-3737 or (847) 451-0036

Prior to your call, please be sure you have located and noted the

MODEL NUMBER & SERIAL NUMBER.

The Model & Serial number information of your Life Fitness Treadmill is contained in a label located on the front of the unit.

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